

SCAMeL Speedy Startup 2021
Spirituality Training in the Health Sciences
Amy Faltinek
Senior Director, Technical Services
Texas Tech University Health Sciences Center

Project description

The goal of this project is to add spirituality training to the continuing education opportunities at Texas Tech University Health Sciences Center (TTUHSC). Spirituality is important to patient care because its inclusion in the patient-provider relationship makes for improved whole-person care. This project will require the four TTUHSC employees listed below to complete a [Certificate in Spirituality, Health, and Healing](#) through Harvard Community Education. The certificate is 25 contact hours over 6 weeks and the outcome is for the learner to describe the characteristics of spirituality, the connection between spirituality and healing, and the essential elements of spirituality. The information will be condensed and shared as an elective/continuing education unit with all TTUHSC and University Medical Center (UMC) employees (faculty, staff, students, and providers) who are interested. Once completed, interview and survey data will be collected from participants, resulting in original research.

Importance

Spirituality in patient care can enhance patient and provider wellness by incorporating a whole-person perspective into the patient-provider relationship, but also relationships between other stakeholders such as employees, students, etc. It brings people together and connects them as a result of getting to know each other at a deeper level. It also helps with grounding and addresses burnout. Addressing spiritual backgrounds and needs is a crucial, but often overlooked aspect of managing institutional and patient diversity. For all these reasons, it can be argued that the inclusion of spirituality into institutional culture is an ethical requirement in healthcare workplaces.

Institution/Roles

The institution is Texas Tech University Health Sciences Center. The following is a list of TTUHSC employees and their roles.

Tobias Kroll, PhD, CCC-SLP - Project director (Builds team, oversees the project, and provides guidance, especially concerning publication, and is a researcher and an author.)

Associate Professor TTUHSC Department of Speech, Language, and Hearing Sciences; Center for Ethics, Humanities & Spirituality- Visiting Instructor & Fellow; currently enrolled in the Interreligious Chaplaincy Certificate Program at the Graduate Theological Union in Berkeley, California.

Rosalinda R. Jimenez, EdD, MSN, APRN, FNP-BC, PMHNP-BC – Project manager (Manages project by making major project decisions, is a researcher and an author.)

Associate Professor- Graduate & APRN Studies, Certified Family Nurse Practitioner, Certified Psychiatric & Mental Health Nurse Practitioner, Certified in TF-CBT (Trauma Focused-Cognitive Behavioral Therapy), TTUHSC, School of Nursing, Center for Ethics, Humanities & Spirituality- Visiting Instructor & Fellow, NACN- Regional Board Director, The Lauro Cavazos & Ophelia Powell-Malone Mentoring Program (Mentor Tech) – Mentor, Sigma Theta Tau International Nursing Society-Iota Mu Chapter- Past President

Regina Baronia, MD, M.Ed – Project leader (Leads people in order to keep the project on schedule by encouraging communication among team members, including email communication and team meetings, is a researcher and an author.)

Research Director, Department of Psychiatry, TTUHSC School of Medicine

Amy Faltinek, MLS, CAS, AHIP – Project leader ((Leads people in order to keep the project on schedule by encouraging communication among team members, including email communication and team meetings, is a researcher and an author.)

Senior Director, Technical Services/Librarian, TTUHSC Preston Smith Library

Student Assistant – Researcher/Author

Timeline

The timeline for this project is 12 months.

Month	Activity
1-2	Certificate completion
3-4	Elective/CE unit construction
5-8	Elective/CE unit delivery and data collection
9-12	Research and writing

Approval



Andrew J. Escudé

Interim Executive Director of the Libraries
Preston Smith Library of the Health Sciences
3601 4th St. STOP 7781
Lubbock, TX 79430-7781
(806) 743-2214
Andrew.escude@ttuhsc.edu

Budget

Training/education	\$210 x 4	\$840
eBooks	21 titles	\$3,110.12
Student Assistant	\$12/hr	\$1,049.88
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Total		\$5,000